

## Why Reinvent Yourself? Monday Call, November 26, 2012

- Last Day for Manantech Black Friday Special. Any one time order over 49... Mannatech gives a 3 month donation to Give for Real.
- Tonight is Makeover Monday 8:00 pm CST 800-768-2983 Access 4717417#
- Start planning for Mannatech 200-- XFM on December 11<sup>th</sup>.

Article by: Jerry Drhino Clark

### 1. What does it Mean to Reinvent Yourself?

a. Reinvent is a process of psychological rebirthing...to reinvent yourself is like dimming the light on the Old (Predictability) and redirecting the Light to Shine on the New (Possibility)

b. Examples in nature:

(1) The Cocoon

Note: the Butterfly (Possibility) only can come to fruition if the caterpillar is willing to *let go, fully engage*, and even *struggle* in the Cocoon.

(2) The Changing of the Seasons is a constant reminder of the importance of reinvention.

It is a process to perpetuate ongoing existence. Winter reinvents itself into Spring, Spring into Summer and Summer into Fall.

(3) Nature also demonstrates the importance of reinvention through Life Process itself.

The sperm and egg form an Embryo; Embryo reinvents itself into a Fetus; the Fetus reinvents into a baby; the baby reinvents into a child; The child into a Teenager; the Teenager into an Adult; the Adult into a Parent; the Parent into a Grandparent.

(4) The day reinvents itself into night.

c. What does this mean for us?

It means this is a natural process and important for us as humans to deliberately strive for occasional Reinvention.

This just means: who we have been in the past or who we are in the present does not have to dictate who we choose to be Tomorrow.

You can go from:

Poverty to Prosperity  
Fear to Faith  
Frustration to Fascination  
Obstacles to Opportunities  
Survival to Significance  
Chump to Champ  
Whiner to Winner  
Misery to Mastery  
Grumpy to Grateful  
Loser to Chooser  
Zero to Hero

2. Why is it Difficult for People to Reinvent themselves?
  - a. Certainty...people like certainty.  
If you stay where you are, doing the same things over and over again, at least you are "comfortable" you are in the "known zone."
  - b. Addicted to Predictable.
  - c. Learning has not become a way of being for them...in fact Learning is simply not a way of being for them.  
Reinvention requires a rudimentary routine of reading...not just books, but listening to tapes, attending training courses being mentored by coaches.  
Why? Because reinvention requires learning something NEW.
  
3. So the Goal: Reinvent yourself . Will you deliberately engage in the process of reinvention? How you answer this question will determine the quality of the rest of your life.
  
4. The Plan
  - a. "The Slight Edge" by Leo Weidner is a GREAT START
  - b. Utilize the LifeBalance Tools every day.
  - c. Attend a Leadership Principles seminar at least every 6 months
  - d. Develop a Reading List and commit to read at least 2 books per month, using the attached form as you read through each. Recording "Aha" moments are crucial. Actually changing your habits, your life is required. Start now...your life depends on it.