

Why is My Life not Changing?

Monday, April 13, 2009 Call

- **PhytoMatrix Product and Sales Training Guide available**
- **New Presentation available on www.mannatecheconomicstimulus.com - The Economic Stimulus Plan (with Costa Rica Incentive)**
- **Two webinars tonight:**
 - 8:30 PM CST – “Economic Stimulus” – to register: www2.gotomeeting.com/register/675877520**
 - 9:00 p.m. CST -“Reshape yourself physically and financially in 2009” to register: www2.gotomeeting.com/register/988047746**

Article in Networking Times by Terry Gogna

1. Time: our one only limited asset
 - a. Hear someone has no time
 - Response: that is exactly the reason you need to do this business
 - We all have the same amount of time
 - Is it really no time or no priority?
 - Do you not have enough time to do what you choose to do in whatever time you have?
 - Do not go victim to time
 - b. We can not manage time; we can not slow it down, speed it up, stop it; we can manage an event, our actions, our priorities, our schedule but time can not be managed.
2. Success might come to us in one area but not another
 - a. If we understand certain success principles in life, what might those be?

And if we then apply these to another area of our life, why would we come up short?
 - b. Three reasons he gives:
 1. We don't care about being successful in these other areas
 2. Believe in the myth that in order to be successful in one area of our lives, we have to sacrifice others
 3. We do not know how we became successful in the other area
 - c. What if there are other factors to success that we may not realize?

3. Events and Results...

We all engage in two types of activities every day of our lives:

Present-based events and future based events.

a. Present based events: allow us to maintain a certain amount of comfort and happiness in our lives.

No matter how much time we spend on them, we will not create any significant change in our lives.

Examples: Cleaning the house

Reading self dev books

Listening to motivational tapes

Reading medical journals

Eating a better diet (feel better today)

Why are these “present-based”?

b. Future-based events are the sources of what truly change our lives

1. they support changes in our lives

2. the problem is that unless we recognize the need or why we are engaged in these events, we will soon lose interest, grow discouraged and even quit.

Examples: exercise

c. What activities are required to be successful in networking?

Listen to CD's

Read books

Attend seminars

Participate in trainings

Make prospecting calls

Make business presentations

Attend self development seminars

Set goals

Analyze all of these activities...which ones are present-based versus future-based?

Relate this to The Slight Edge...

What activities do we know about today that could totally change our lives but we just do not do them?

Why not?

“If How To's Were Enough We Would all Be Skinny Rich and Happy”

Bottom Line: we busy ourselves every day doing present-based events, and by doing that we are guaranteeing that our future lifestyle will be exactly like the one we have now.

We wonder “Why Our Lives are not any Different”...so until you identify the significant future-based events in each area of our lives and understand their true power and value in changing our present lifestyle, we will continue to fill our days being busy with activities that hinder our future.