

Success Habits of Super Achievers: 1 Story

Monday Morning Call May 24, 2021

- Next TNL: May 25th at 7:30 Pm CT www.allaboutmannatech.com
- This week's "Product Focus:" Nutriverus
- Save the Date: Mannatech Event... June 26th 10 AM – 3 PM
- Social Media training with Lindsay.... May 29th at 10 AM CT - <https://zoom.us/j/215452258>

Adam Buttorff

Great Story: From Failure over and over to Overwhelming Success

1. Failure: not really failure just lessons along the way
 - a. Never accept failure as a landing place as soon you will label yourself
 - b. Always look at a "failure" and redefine it as yet one more way it did not work "Next!" What did I learn from it?
 - c. "Success is built on those failures"
Found out his brother-in-law had a roofing business, so he started one. Now that business has "rocked." 5 years into the business and he hit INC 5000 fastest growing companies in America.
 - d. He attributes building and investing in a GREAT TEAM to all his success! "Life is about people."
 - 1) So, who is Your Team?
 - 2) It is not about what they make, it is all about
 - (a) knowing their dreams
 - (b) their likes and dislikes"Money is not the number one motivator. It is not even in the top 5."
 - e. Success is spelled TIME: for you, those you love (wife and family and...)
Also, figure out what truly resonates with/feeds you: _____
2. Things you have to quit for success
 - a. Watching the news: 90% bad news so it steals from you! Feed yourself with good things, positive things!
 - b. Victim Mentality: Why do people watch it? Because "we somehow desire life to be comfortable and easy." That leads to comparison and victimhood when it is not. Quit comparing. Quit listing how you want your life to go. Start today, discovering the benefits of your life. I get to be dad!
"Circumstances are not always good, but life is still very good!"
 - c. Problem avoidance: Attack those problems/challenges straight on. The more we avoid problems the larger they grow!
 - 1) Look them straight in the face. Get help with solutions where you need to and do it NOW. Procrastination kills more than finding a solution...it kills your energy your mindset, your love of life!
 - 2) Claim victory upon overcoming.

3) When offend someone (whether "it is their fault or not"), be vigilant to work that out. Humble yourself before them (unifies and deepen incredible respect). Humility creates greater respect than arrogance ever will!

3. Success Habits

a. It is not about "doing these three things" as we may have once thought. It is about consistently doing the little things. His most important part of the day is the morning: quiet time getting himself centered . Jim Rohn says *"Success is nothing more than a few simple disciplines practiced every day, while failure is nothing more than a few errors in judgement repeated every day."*

b. Everyone needs a mentor or a coach. Always be a student. Learn, learn and learn. Be around others who challenge you and make you better. All results come from growth.

Surround yourself with those who want the best for you and encourage you. If people drag on you, or negative, cut them out of your life.

4. Broken belief Systems

a. Our belief systems affect every area of our lives. including who we are!

"An average person has about 50,000 thoughts per day. 80% are negative and 95% are repetitive." So, conclusion is most people think more negative than positive. Reverse that by controlling your thoughts.

b. Feed yourself positive...positive things builds your belief about who you are and what you are going to accomplish.

c. Keep a journal is key to finding the roots of your belief system. Find the root of where your negative feelings are coming from and excise them! Eventually, you increased awareness actually changes your belief system.

Your Checklist:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.