

Mannafest 2019: A WOW Event

Recap from the Event

April 7, 2019

- Mannafest 2020 **Register now on www.mannafest.com last day for \$29**
- **PLAN NOW: Be in Costa Rica...How? Start today**
- Next TNL – Tuesday, April 9th, at 7:30 PM CT at Mannatech Corp offices and www.allaboutmannatech.com Merri-jo Hillaker is speaking
- Are you in the Achievers Club?
<https://mannatech2.s3.amazonaws.com/mtlibrary/107262904840689.pdf>
- Mannafest 2019 replays - <https://livestream.com/mannatechnow/mannafest2019>
- Check out the new features in Mannatech+ - Mannatech will be doing 2 trainings on the new features this week

Wednesday Night:

Great time with everyone at the Ballpark in Arlington
Presidentials all in the Boxes and all other associates in "All you can Eat" area
Super time by all...and a WIN!

Thursday

Presidential Meeting

- Doing a lot on resolving the negative "stuff" on wikipedia/get full fair story out there
Selling on Amazon...terminating associates; now an independent firm selling above retail so sending people back to buying from Mannatech (from you)
- A new, top of the art phone app coming out in August; make us competitive with all others on working with millennials (all younger generations)
- S+P acknowledged...great working group of 10 associates with businesses around the world. All working hard for you.
- We are 180 mill in 26 countries
- \$29 tickets for Mannafest 2020 through Monday (go up to \$49...then \$79 Starting Dec 1). Thereafter, \$99 or more. **Register at mannafest.com**
- Richard Brooke spoke to Presidentials...
 - Mannatech is the 81 largest Network Marketing Company in the world
 - Do we appreciate that? Thousands have gone out of existence in the 25 years we have been around.
 - Be very grateful for what you have...everyone needs what you have and get excited about the next 25!
 - Focus on "attitude of gratitude"
 - When Richard thinks of Mannatech, he thinks of character! Mannatech has recovered from storm after storm after storm...most die off.
- Landen shared some vacation stories: swim with the sharks with a smile on your face (they were nurse sharks)
- Bob Adam

Recognized our 92 year old associate WHO BY THE WAY is a 3 Month Qualifier as Achiever, Lewis Shipowick

Product Training by Dr. Steve Nugent...Excellent as always
See attached notes from Nat Weeks

Thursday Night (Grand Opening)

Kevin Robbins-MC of entire event

Honoring our celebration for the 25th Anniversary, Kevin started at the birth of Mannatech: Dec 1993 Sam Caster founded Emprise International with Fioretti Sam recruited Ray Robbins to do marketing.

15 employees still with us from day 1, two of them here today

Missy Thompson and Terrie Bayless shared a few words

(a) Missy was the first employee they hired

(b) Terrie came by a fluke...answered a blind add...

1994: shipping Plus, Sport, MVP. Later added Phytaloe, Firm and Manapol

Dr. McAnalley was in church with Ray Robbins,

Dr. Reg was also in some activity with Ray

McAnalley had discovered the functional component in Aloe from working at a pharmaceutical company...and that did not fit so came to Emprise

They sold \$3 million the first year

Still have 286 people buying products who were with us since 1994

25 year associates: All recognized on stage...

1996: launched Canada

1996: Harpers Biochemistry Chapter 56, 8 sugars on the cell surface.

1996...Ambrotose

Dr. Steve Nugent joined as an associate; he was called to stage and given

Lifetime Achievement Award...everyone celebrated how fortunate we are

1996...filed for first patent...composition of matter

founding Advisory Counsel

1998: Mannatech received first patent in South Africa (weren't in South Africa yet!)

launched Australia

1998: Mannafest...the first event of this major size

1998: First donation of Phytobears in Romania

the results set us on the path that lead us to M5M today

2001: went public and then went all over the world...

Stan Frederick came along...bought out Fioretti, family investment for the long term

2001: Science Magazine

2002: 50 more patents

2005: Second generation Glyconutrient product, Advanced Ambrotose

2006-7: MTECH recognized extensively for top growth company

2007: Arthur Schopenhauer..."go through three phases..."

2007: Al Bala joined and within a month Tx AG case filed

2007-18: Total recognition of all these saccharides, and the science as the future... and this continues

2010: Changed our business model; Associates agreed to donate to M5M

2015: Received 100th patent
2016: Exclusive contract with Natural Aloe Costa Rica
2016: Mannatech opens e-commerce in China
2018: Mannatech opens new facility in Flower Mound Texas...

TODAY:

*227 Members in the Million Dollar Club...who says you never make money in MLM?!?!
There are over 400 customers who started with us since the beginning and are still ordering today, 25 years later!!
\$5 billion in sales in 25 years!!
Mannatech has been strong...lots of other companies have failed...
3 million people to date have had their lives transformed because of Mannatech.
Recognized all in audience who have had their lives changed!*

Landen Frederick

Chief Global Sales Officer; we are the foundation: our selflessness, our culture

Sarah Bowen-Loughan

Director of M5M; joined in 2005

quoted Anne Frank "No one has ever become poor from giving."

27 million servings of Phytoblend!!

The heart of Mannatech is giving!

2015 Mannatech launched the M5M Foundation...now serving 100,000 children per day

Last year stats: 20 Mil servings; 8 Mil meals packed with Kids Around the World

Projected this year: open more in Asia, deeper relationships with partners, monthly newsletter

Al Bala and Landen Frederick

Lifetime Achievement Award given to Laura and Gene Enabnit (13 great grand kids!)

Al Bala and Our Vision

Here's to the next 25...

We get to write the second chapter of the story...the future of Mannatech

Proper to look at where the world is going... that is what opportunity is all about...

Our world has changed more in the last 5 years than the whole history of the world!

Are we going to embrace the changes...are we going to be on the right side of the changes...

beggars even have Scan or QR code to give them your money

Globalization of Commerce...we have gone from 11 to 25 countries

Demographics are our friend:

Explosion of the middle class...Asia Pacific is greatest explosion

Wellness is what you want after pass the survival level

How well are we positioned...

Wellness is \$4.2 trillion business

\$575 billion preventive; \$595 billion fitness; 71% order on line; 92% most trusted source is friends

Middle class wants wellness...millennials ...CNBC: 63% of Millennials would consider a flexible income opportunity

History...Paul Zane said the next trillion business is wellness back in early 2000

today....\$4.2 trillion business ...fastest growing segment of business

Your business "on line" is disrupting...

If you work for _____, you are on the wrong side

If you work with Mannatech, you are on the right side!

Can you see a company doing \$30.5 Billion in 24 hours? Alibaba

It is about all these countries...we can do this!!

"The world of work is going to turn upside down"

Robots are taking our jobs...

Artificial Intelligence threat...

They can diagnose anything because they have memorized everything.

This is talking about opportunities...

People can now aspire to do the best thing they can do for themselves

We can become independent in our own business.

IN the next 50 years we will create more millionaires than we ever did in the history of the world!

They are going to find their greatness in their own greatness.

Want this to be in the direct sales industry!

All the others are still people trading time for money and very local...AirBnB, Uber, Lyft

In Direct Sales, we can duplicate, multiply our results.

The triangle:

1. Customer First
2. Digital First
3. Mobile First

CUSTOMER FIRST:

For AI: new meaning for CEO...Customer Experience Officer!!

CEO@mannatech.com

he wants to know personally where the company has not met that #1 Customer Experience

perfect orders, beautiful packaging, no backorders. NO IRRITANTS! His commitment!

DIGITAL FIRST:

Better and better...every day at digital

need platforms on line so we can participate in this megashift going on

MOBILE FIRST

everything ends in that smart phone

Every 90 days, another reason to talk with people (easy products coming out every 90 days)

need more easy ways to share...

Platform to make sure you have a track to run on.

We will continue to bring glyconutrients to the world...they transform lives!!

JUST FIND MORE DOORS TO GET GLYCOS TO THE WORLD.

WE are building the #1 website in the Health and Wellness field in the world!!

Bring awareness influence and scholarship in the area of Glyconutrition...

"We already control the ingredients from harvest to market!!"

We are going to grow the business the smart way! Control expenses while we maximize our footprint.

Think global but act local.

Build your own acres of diamonds...

"I want to be the Uber of Network Marketing"...being in business all over the world..

"I will not sleep until we have the best App in the industry..."

Everyone is an influencer...some are maximizers other are minimizers...but we all will be influencers.

Ximena Duque has 8 million followers...

In one week she posted Mtech and grew 4000 PPV
just with the tools we have...

Fortunes are made in times of transition...not just for Mark Zuckerberg, but for you

Our vision is to feed 5 million children around the world annually through M5M

Premier of our new song: For Mtech

Kevin Robbins:

Recognition

4 silver and 6 Gold Directors

12 new PD's

New "Burning up the Rubber" Award...fastest PPV growth to Dr Yun from Texas

Friday

Sona: Recognition/fun awards

Lydia won "Good Morning America" with her bike; Mtech Historian Award to Nat and Silence Weeks,

Kevin:

New comp plan change...acknowledged a break out session later

Income always comes from the sale of products

1) build your Pod...500 PPV (so no longer 5 people at min 100PPV);

Initially earn the new 15% First Order Bonus, and then Power Seller Bonus on all future orders.

2) then duplicate...find 2 Assoc. to do the same; want you to think business partners

Build to 500PPV, get 2 Associates to do the same

3) Goal: 4 strong legs...

how you get there is still an independent organizational strategic decision

grow 2 by 2 first then come back and go wide

When build out to 4 doing the same

SD making \$384.75/mo

next level: SX making \$1,156

next level: PD making \$4,049.75

next level: SPD making \$16,158.54

next level: 1PPD making \$61,038

Landen: retold his story about eel and swimming with the nurse sharks,

FEAR...do we walk around in FEAR? release it

SYSTEM.MANNATECH.COM ...use this site for training your downline

Mannatech+ app for recruiting
Library for materials (videos and documents)
Mentioned the names of people we lost this year...
Everything is connected...We must talk to everyone...no fear
Don't show up for another, rather show up for you!
Exponential growth through recruiting
Every 90 days have events
 lots of incentives for recruiting
 lots of activities
Replicated websites coming out soon...
The way you improve retention is creating sticky experiences...

Sona:

We represent about 32% of Mtech sales;
The entire industry is only 20% sales in North America so we outdo the rest of industry
Strategy: simplify, declutter, greater collaboration with field, input from S+P before release
Two key initiatives: recruit and retain.
So, who you are...**YOU REALLY MATTER!!**
Everyone here gets 500 points toward Costa Rica
Award of Excellence: Each month, Don McCormick won in January, Marcia Shaffer for Feb., Lee in March.
WE want to re-establish ourselves as global leaders around the world
How:
WE are going to pull back and do less!!
Fewer and clearer strategies going forward. To grow, we need recruiting...as customers do not duplicate.

Richard Brooke:

Retention is the holy grail of success and that depends on the products. Recruiting causes more growth.
Achiever's Club: Get 1 Assoc. per month with Auto Order. If you miss Achiever's Club in any month, you start over. Make it part of your culture. Achievers honored with gift certificates.

Ashley Torian:

Award a \$10,000 check to winner Valerie Furrow; Eight new members in the TrueHealth Lifestyle CLub

Bob Adam:

Catch 'em as you can...new retention program on line
On Success Tracker: shows people who are at risk to stop ordering
Call them and be proactive: "Thank you for being a faithful purchaser of Mannatech products over the years. I have noticed that you have not purchased products in the last month or two. Could I ..."
Adopting an Enhanced Service Program
Care Campaign (win back): 1 time discount to establish auto order,

AI and Corporate staff:

Honoring Bob Adam as his is retiring soon; it was heart wrenching.

Joel Bickman:

We have two new Products AND MORE ON THE WAY

Men's Prime-7 was one released last year and it was a huge hit!

73% of men will buy supplements, 79% of women

Now have a woman's product "Premier 7"...and needed a whole new approach to build this one.

In marketing:

1. List everyone who is a woman
2. Choose the tool...video or printout
3. Use the script

Also, developing a whole new line of products called Essentials

targeted health, including our core glyconutrient ingredients so no one can duplicate

Dr. Nugent:

Premier 7 for women

Women's sexual desires fluctuate throughout their entire life from many issues so much more complex than men (major life changes both physical and psychological, stress which causes excess cortisol causing fat retention, mood swings, etc.)

Ingredients: Ashwagandha (Sensoril is patented form, and Don P. says top in industry)- most important natural ingredient to create ability to adapt to stress and mood; supported by 11 different studies, Active ingredient: GLYCAN!! works with stress, fatigue, lack of energy and impaired concentration; frequently called Indian Ginseng Added Maca root...Peruvian plant adaptagen properties...one of the oldest aphrodisiacs used; helps libido for men and women...has to be delivered properly...trimethylglycene (also in cardio balance)

Helps you improve mood and as a vasal dilator

Beet Root: Can improve mood, a mood enhancer

Suma Root: another adaptagen, promotes female sex drive

Passion flower: this improves stress and mood

Glycos:

Ambroguard (we have exclusive)

Gumtragacanth

Manapol

Ashwaganda is also a source of glyco.

Goal: Normal healthy levels

We use the BEST Science, to give you the greatest;

Safety so you have the greatest

Efficacy...

(of course vegan, dairy-free, gluten-free, soy-free, MSG free, Synthetic-free, sugar-free...contains nothing produced through bio-technology).

Prime 7 testimony

all natural plant based
high market demand; in China it is huge..."it works!" Testimonial
It helps them be energetic everyday
Publish in WeChat; info is there
middle aged man...ask them Prime 7, do take it, it works

Johanna Gil Bala

how to use Premier 7

5 tips:

1. What is the challenge before the product
2. How were you introduced to product
3. What is the product
4. What is the time frame for results
5. The best part with product

"I will never stop taking it..."

Panel

What is required of us as associates and field: to stay ahead of the wave

Dr. Steven Hines, Ron and Paulette Roy, Xiao Xu Li and Gary Gao

Steve:

health freedom and passive income is what he wanted

work 40 years for active income or 2 years for passive income

stories to tell; we need to prepare for the 50 story building

Ron:

"Pain will push you until a vision pulls you."

leadership building a team, working together

we need to adapt to change

need massive action...looking straight ahead and overcoming the barriers

Set some great goals...

Results are manifested through action

action is driven by passion

passion is fueled by your why.

Paulette:

vision of never looking back

5 years ago we needed to change as the world is changing

3 things they did:

1. Found a mentor (several, Ray, Sean, etc.)

2. Social media is here to stay

if you are pushing back...she knew nothing 4 years ago

need to go and learn!! FB is her platform

3. Decided to combine with other leaders

work with Wendy and Amanda...created Team Up to Zoom

Ceci:

She is a platinum

in 3 1/2 years

micro entrepreneur to go global

create MM team to do the same thing
over and over again...
connect with a lot of people; leadership development

Heidi:

from China, came as immigrants
She is qualifying as 2 Star Platinum
been in 8 years
Key: TEAM
Learn how to do this as a TEAM
System, tell a story, etc.

Bill Herz...intermittent entertainment as a magician...All of it was fun and very good!!

Joel

25 years
generate billions in revenue, pay billions in commissions
227 associates have made at least \$1 mill
137 million servings of Phytoblend shipped to kids
138 patents
25 million units of Ambrotose
Yet, we've hardly been heard about...

Essential... Glyconutrition...everything works better with glycos
Finished the formulation of Ambro. Life and went to work on a new line of products
ESSENTIALS is what they focused on
did focus groups here and all around the world
help us make it more targeted...attack a specific need

Mannatech Essentials

products people are already buying
Mannatech version of these products

\$30-50 price range

react rapidly to market conditions

Each one features glyconutrients

by 2024 global supplement market projected to more than double

Science continues to evolve

our commitment to develop best product for you...

Our newest and THE BEST in the world: vitamin mineral supplement.

New Catalyst...

very best of nature and science

unlike others off shelf

100% of DVA of 19 vits and mins

Includes glycos and adaptogen Ashwaganda

"Maximize your Multivitamin"

This is only the beginning...

For 2019 this is what we are going to do
every 90 days introduce a new Essentials product
We will release as often and as fast as you can build with them.
Where are marketing materials and WHO reviewed them

Dr Nugent

Product and Business

1st question:

do we have to take supplements...

Why Supplement:

1995 recommended 5-7 servings of fruits and veggies daily?

68 different health conditions caused by air water pollution, just processing a molecule of oxygen

Oxidative stress gets worse every year...

How many Americans actually eat 5-7? 11 %

AMA study (see slide)

Does your diet contain the bare minimum of vits and minerals

Peach study... Things have changed!

World wide

75% of Americans take dietary supplements

USDA 2010 report

90% are deficient in 1 or more vitamins or minerals

So, if 75% are taking and this shows 90% deficient those products are not working!

We are driving up hill which is WHY WE NEED SUPPLEMENTS

Old Catalyst...used to take Profile 1,2 or 3

Nugent was asked to build a new one

NEW Catalyst...

made it much stronger than any other vit/min we had before.

that was the purpose of Catalyst

Global Sales Trends:

There are billions who need the new Catalyst

The most successful companies see a product that everyone needs and sell less than \$60...we do that with Catalyst...it is much bigger than a multi-vitamin

China...increasing sales in vits by 10% per year...

73% of all supplements in China are multi vitamins

New Standard Vitamin Mineral Product... They will feel a difference!

Ingredients:

natural chelated ingredients...

Science Safety Efficacy...OUR MANTRA; emblazon this in your brain

"most effective for our customers"

1. Using folate not folic acid...

2. Natural mineral chelates versus mushroom plant growing...this is BIG DIFFERENCE
3. Our bone density support is significantly better with this new Catalyst
4. Liver and Kidney support which we never did before

Demra

3 things:

1. simple
 2. affordable...for \$1.60 per day...
 3. duplicatable
- 74% take multis in US today

Not 2007 any more... speak with authority and confidence....the BEST multivitamin in the world.

This 90 day new product... program role out...

Share...YOU first. You need to believe in yourself first...

it is time to believe...when you believe in yourself, everyone will want it

Kevin on Compensation Plan Change:

We want your system to be simpler than AQ Team

Replacing the AQ Team with Bus Development Bonus

(Phase out period still under review)

Step 1: FIRST ORDER BONUS (same):

15% of new person's (your Customers and Associates)

Earn Power Seller Bonus on all Future Orders

AQ Personal is staying

Step 2: Create 500 PPV (different)

your order plus all customer orders

(NO NEED to get 5 customers each ordering 100+PV like prior bonus)

So, could be JUST your own personal orders...Could be 1-2 customers under you

**SO those who shifted their orders into Customer Accounts to qual. as 1 of your 5, can now order back in your Assoc. position to get 20% Customer Loyalty Credits instead of 10%. NOTE: if you are making the AQ Team, do NOT do this until AQ Team is gone (phase out time period still under review but at least 3 months)

Kevin went through all the other bonuses as well...not new

NEW PLAN:

So many never earned the AQ Team...they are putting this new plan in place

Simple pathway to success...

Step 1: Create 500 PPV

Earn 15% First Order Bonus (from new)

Future orders: Power Seller Bonus (\$100) with 500 (no need for 5 people, no need for Auto Orders)

Step 2: **TEAM 2 BONUS**

Enroll 2 Assoc...they have each 500

You earn **Team 2**= \$100 extra

You qualify as a Director so you earn

\$250 (versus \$300 under AQ Team)

Step 3: **TEAM 4 BONUS**

Enroll 2 more Assoc, get them to qualify with 500 PPV, you earn Business Dev. Bonus

AQ TEAM will disappear but timing still under review...

AQ Personal will stay

Break-out Sessions followed Kevin's Comp Plan training.

Friday Night:

Recognition Night

Giving Spirit: Demra Robbins

Rookie of the Year: Dr. Yun (Texas)

Top Enroller of Customers: Hannah Thompson in US
Li & Rong in Canada

Top Enroller of Assoc: Zhang & Li

Most Income Growth: Tu and GONG

Top Business Builder: Luciano Fidalgo

5 new Platinum Presidentials (Chinese on Happy Team)

Saturday:

Awards:

Mannatech in a box: Satoe Nammo

Candid Camera: Merri-jo, Demra and Kevin

Most Happy: Sue Dong and Justin Feng

Greatest Influencer: Li Liu

All Made Up Award: May Yin and Bobbie Cai

Richard Brooke Training: Awesome 3 hour training...I will review in full Next Monday Call

M5M Gala Banquet (6:30-8:30) (by invite only):

terrific event and raised thousands of dollars for M5M

8-10:30 p.m. **Food and Dancing**

The Downtown band was truly terrific...top quality musicians and people were eating drinking and dancing with tremendous joy all night. Great way to end the event.

Sunday AM

Organized a worship service right on the water front behind the Convention Center. 50-60 people showed up and it was a delight. Pastor Ted Bendall (Peggy from Porcupine's husband) preached on the Good Samaritan...rejected just like all of us MLMers.

Thursday 2:30 PM Product Training by Dr. Nugent (Notes from Nat Weeks)

- By age 40, we are **1% per year less** efficient in producing digestive enzymes (down 30% by age 70!) which results in poor digestion and therefore insufficient nutrition. GI-Zyme matters! It dissolves protein at every level of pH from acid stomach pH3, to duodenum pH4.5, to small intestine pH5 at bottom sigmoid colon pH 8.
- **Eleven studies** prove that laughter improves our immune system.
- To raise personal credibility: “I don’t know the answer to that, but I know where to find it and will get back to you as soon as possible.”
- Use qualifiers (not absolutes): “The evidence suggests...The studies support the use of... May...could...already normal healthy levels of...”
- **Health:** The absence of the evidence of disease & abnormalities. (No symptoms). **Wellness:** Fullest realization of potential.
- **1930s, synthetic chemistry** starts messing up the human body everywhere; our products are needed!
- **1941 Nat’l Academy of Science starts the minimum required (in order to function MINIMALLY)**, nutritional levels.
- MD schools re-thinking “supplementation is not necessary; just eat more good food” because that’s no longer possible.
- **1995, 1st study** (US Dept of Agri) to evaluate the nutritional value of foods. **5-7 servings of fresh** (not canned or frozen) fruits & vegetables / day for adults necessary. They gave up after 2012 recommending **7-13 servings** /day required; a teenage boy needs minimum of 9 servings, because only **11% of Americans are eating 5 servings**. Pollution and stress worsen. {food [navigator-usa.com/Science/American-diets-lack](http://www.ars.usda.gov/Science/American-diets-lack)}.
- “Most people do not consume an optimal amount of all vitamins by diet alone...It appears prudent for **all adults** to take vitamin supplements.” {JAMA 2002;287(23):3127-3129 Fletcher RH & Fairfield KM, a human, double-blind, placebo controlled study}.
- **75%** of USA take supplements. {Nutrient Intakes/All U.S. USDA Human Nutrition Products & Services. ars.usda.gov/Services/docs.htm?docid.nutritionaloutlook.com/trends-business/75-americans0take0dietary-supplents-latest-com-survey-finds}.
- **90%** of USA are deficient in 2 or more vit & min. {US Dept of Agri} 2 peaches supplied RDA of Vit A for women in 1951; **53 peaches** needed today! {Mayer A.M. Historical changes in the mineral content of fruits and vegetables Brit Food J. 1997; 96 207-211}
- **138 patents with 90** still in effect (generally a 20 year guarantee) and **17** more in the application process. We also have **exclusive** agreements and proprietary products.

- All are safe (testing at several layers of processing). Nothing bought from anything which has been genetically engineered. Organic is any material which contains carbon (organic chemistry) such as Nugent's leather boots. **Allergen-free, soy-free, dairy-free**, vegetarian/vegan friendly, does not include ingredients that were produced using biotechnology.
- Mannatech **only company** in the world that pioneered a new field of science: nutritional glycobiology.
- **1857** the 1st scientific investigation of orally ingested glycans. As of 2010, 22,884 PubMed articles with the key word "glycoprotein" had been published. **1995** Function of Glycans reported in Nature, Vol.373, Feb. 16; **2011** Human Glycome Project on glycans started in Japan. **2012** NAS concludes that Glycans involved in all biological processes!
- Mannatech's facility has a **zero carbon footprint**. Nugent's Facebook hacked 3 times so doesn't use it any longer.
- Our exceptional aloe is a super, cross-breed, expensive exclusive. 1-2M Daltons atomic weight is **true Acemannan**. Ours is 1.6M daltons. This is 4 times better than competitors with D-Mannose which has around 380,000 to 400,000 Daltons atomic weight. Competitors crow that if it dissolves in water 6 times faster, so it must be better. Acemannan (Manapol) molecular weight is **1691.478 v 360.3119** for standard aloe.
- Acemannan molecular structure: **C66H100NO49**. D-Mannose molecular structure: C12H24O12. The structure is different so the function is different. **660 kgs (1500 lbs.) of also leaves to make 1 kg of Manapol**.
- A-Life doubles the Manapol of Adv.-A. And includes **AmbroGuard** (exclusive, premium ariibinogalactin) has been **Triple-refined** (processed) with Wakame from the only company which does this to concentrate the Fucoidins. Stabilized rice BRAN (**beige**) rather than starch (whiter) is one of the most nutrient-dense food with **100 antioxidants** and metabolic co-factors! **Modified Citrus Pectin (MCP)**, a detox with Sodium Alginate to attract harmful chemicals. **Alginic acid** (alginate) is an anionic (- charge) polysaccharide found in the cell walls of brown algae which attracts dangerous, heavy metals (a + charge). They stick and are removed in the urinary tract. **Vegan and Kosher**. A has 7 brain studies. The flavored sticks are convenient and easily portable.
- 4 grams of A given to diabetics had **no change in blood sugar**. Di-saccharides are the dangerous sugars.
- Those allergic to aloe are due to the **yellow sap** of the plant.
- Registration of synthetic chemicals is **voluntary**. More than **75K since 1930**. Often when two come together in lake water, a new toxic compound is created. Pesticides confirmed at the N. & S. poles. Found in fatty tissue in penguins and all fish tested anywhere, plus all humans thus far. US FDA now posts **warning lists on ten popular fish**.
- 15 recent studies **refute** low-fat claims.

- AO: Serum ORAC, **gold standard** for antioxidant. Four years of lab testing, plus a human clinical trial conducted on healthy subjects. 500 mg (one capsule) twice daily raised serum ORC by **37.4%**. Five servings of fruits & vegetables to the daily diet raised serum ORAC by only **13%**; 3 times less than AO (article located on MannatechScience.org).
- No such thing as an '**ORAC-FL protection unit**' and it can't glow in fat-soluble. **MonaVie** made, in three years, greater than \$1B per year marketing 100,000 ORAC protection units (and tested zero in human blood!). They are now out of business.
- Plus has beta cistosterol (supports the **prostate** gland).
- Highest concentration of Omega-3 DHA is in the **retina** of eye.
- Muscle is 20% heavier than fat. 19 out of 3,946 have an accurate BMI v BCI **74% of Americans are overweight**. By 2048, 100% of Americans will be grossly overweight if the trend continues.
- TruPure **detoxifies liver & kidneys** (cellular level). Chinese have a greater genetic occurrence of kidney problems than any other nationality. Stop taking **ibuprofen** based (Aleve, etc.) products. Small print: "May cause damage to kidney cells". **Acidomenifin** kills liver cells. Take aspirin instead. No more than two sticks per day.
- **TruPlenish** is low glycemic, non-GMO, no artificial anything with super nutrition. 20 grams of vegan protein. For every 2.2 lbs of body weight, you need 1.5 grams of protein. 56 grams of protein needed by males; 46 grams of protein needed by females to avoid muscle wasting.
- **Trushape** (watch 5 min. video). "I don't look so good on the video, because I have a radio face."
- Report anything at safetymonitoring@mannatech.com. Digestion, utilize carbs, blood glucose levels, blood lipid levels, cardiovascular, satiety, composition, reduce body fat, and healthy metabolism.
- Empact+ for more, safe, stable, sustained energy, endurance for at least 4 hours, and recovery.
- Dr. Nugent recognized Ryan (age 47) who accomplished the Iron Man five times and is on next spring's Canadian **Mt. Everest Summit** Team. He loves Empact+ for his 6 hours of hiking 24 miles on varied terrain several times per week. This fall, he will go 45 mi. in 10 hrs. from the N rim of the Grand Canyon to S. Rim and back. This winter he'll make 3 assents of Kilimanjaro in several days.
- Biker, Ken, age 71, rode (July-Sept.) from Seaside, OR to Boston, MA **56 days 60 miles/day ave**. Over 3,000 miles). Nugent explained the ingredients - impressive! Electrolytes, etc. 500% of DV of B12, lots of B6, and 250% of the DV for Vit. B1, B3, D2, etc. Kosher. Use Empact+ with TruHealth to exercise while losing fat.
- Of the 164 Nugent has formulated, Cardiobalance, **Nugent's favorite product**, has the most Vit. C. Dilates veins, lipid management, electrical function, heart

rhythm, best circulatory (warm hands & feet), etc. to take with Catalyst which has the most Vit. C of all products.

- Catalyst Multivitamin (CM) 120 tablets: A game-changer because **you'll feel this!** - guaranteeing retention. Natural mineral chelates proven in human scientific study to be safe and all absorbed. 100% of DV of Vit D and iodine. More than 100% of the DV of A,C,E, thiamin, riboflavin, niacin, B6, folate, B12, biotin, pantothenic acid, etc. AmbroGuard, Manapol, and other glycans from Ambrotose. 100mg of spiraling, Alpha lipid acid, boron, vanadium, CoQ10, molybdenum. **More of everything in CM** compared to Phytomatrix. B1 is the happy vitamin. B9 (folate, NOT folic acid) and Ashwaganda. Cardiovascular health, energy & vitality, antioxidant support, fat loss support, support for the liver, kidneys and nervous system. supports endocrine health, maintains healthy blood pressure and blood sugar levels (CM best for blood-sugar support), supports healthy skin, hair, eyes and joints. mood, feelings, calmness, healthy bones. gluten free, no dairy, artificial colors, no preservatives, suitable for vegetarians. **In OSP packets!**
- Can say 'inflammation' in Canada, but **not in USA**. Take BounceBack 45 min before or 2 hrs after food.
- Sport lets you work out longer before you get pain (lactic acid when energy from blood sugar) v Empact+ (energy from ?). **Energy:** Impact+ and Catalyst.
- Projected constant value growth for multivitamins is **9.1%** due to high healthcare costs, emphasis on preventative care, aging pop, popularity of health and wellness. {Passport: Vitamins and Dietary Supplements in the United States}. In Millions: 2016:\$5,331; '17 \$5,482; '18 \$5,575' '19 \$5,653; '20 \$5,721; '21 \$5,760. In '16, supplants **increase by 10%** per yer. in China where many wear face-masks. China's mid class has disposable incomes to spend on supplements **73%** of supplements are for multivitamin (then Vit.C and Vit.E. **95%** of Chinese are deficient in Vit. D. Vit.A is the 3rd deficiency. From '16-'21 in China sales of multivitamins went from 10,723 to 12,169 million. **9%/yr ave. increase** in sales of Vitamins in Korea.