

Living With Passion: Challenge

Monday Call, March 13, 2006

Alaska: Third week of third period, let's get a move on it

Mannafest: review trainings

Peter Hirsch, **Living With Passion**

10 Simple Secrets that Guarantee Your Success

Chapter 1: Challenge

1. Challenge is the catalyst for Success

“Life can be a rocky road. The challenge is not to let it grind you into dust, but to polish you into a brilliant gem.” John Milton Fogg

A. Challenge yourself to become all you can be.

1) Why? Because meeting challenge head on is a joy.

B. Many people hold challenge as an undesirable nuisance, a thing to be avoided at all costs.

1) This is a shame because challenge is truly empowering.

2) Challenge also holds a hidden secret.

C. The Secret: a challenge IS NOT THE TRUTH.

1) Challenge means false accusation. Latin word as base is calumniari meaning “accuse falsely.”

2) The truth is we make up challenges to serve our needs, our purposes, our desires.

a) Look at illness: If someone has lupus, the inevitability of her lupus was a very painful challenge, and the woman refused to accept it as truth.

b) Look at business: challenge yourself by committing to an Opp Meeting even though you have never done one.

c) Challenge yourself to create something different in your life...My foundation...My Women's Conference...

D. The greatest challenges you can create are those that empower you.

1) Do not bother with challenges that frustrate you or distract you. Discard those. Remember, challenges are not truth so you can choose whether or not to entertain them.

2) Actively seek challenges! Become a “challengeaholic.”

E. Challenges impact you in many ways: they build strong beings much like working out in a gym on a regular basis builds strong

bodies.

- 1) They make you stronger by exercising your creative mental and emotional muscles.
- 2) They tone your intuition and imagination.
- 3) They exercise your desire.
- 4) They put mass on your positive beliefs.
- 5) They trim your fears.
- 6) They add definition and articulation to your attitudes.

F. Have you ever stopped and noticed that you could be doing more, achieving more, experiencing more success?

That is the possibility of LIVING WITH PASSION, and it is all yours if you choose it as a challenge and have fun with it.