

Living With Passion: Attitude

Monday Call, April 24, 2006

Alaska Cruise: 4 weeks left...Story of Howard

New Advanced Ambrotose Capsules...the continuing dilemma

Pathway to Presidential Registration opens for classes starting in July

Peter Hirsch, **Living With Passion**

10 Simple Secrets that Guarantee Your Success

Chapter 5: Attitude

“The fact facing us is not as important as an attitude toward it, for that determines our success or failure.” Norman Vincent Peale

1. Attitude must be mastered before you master life
 - A. Before anyone buys anything from you they must first buy into your attitude.
 - (1) The quality and effectiveness of all your communication is a matter of attitude.
 - (2) The attitude you have around other people is the greatest influence on their thoughts and feelings.
 - B. People don't care how much you know until they know how much you care...that is attitude.
2. Mastering your attitude
 - A. This is a skill so it can be learned.
 - B. Your success is your great gift to give to others.

“When you laugh, the world laughs with you.”

“When you succeed the whole world succeeds with you...when you simply try, you TRY alone.”

 - (1) So, start today by building that “film” of your great success to run through your brain daily, either based on actual facts or based on your picture of success you will create. That is what you need to fill your thoughts with; visualization is critical.
 - C. If we are all made in God's image and likeness, how could we possibly accept mediocrity?

If God says anything is possible through Him, how can we play so small?
3. How to maintain an empowering attitude?

A. Ask the right kind of questions: questions that determine your focus and direct your actions

(1) “What is great about this?”

Use this in response to anything that happens in life. The “What’s great about this” questions always results in a heart of gratitude.

Watch your focus totally shift.

(2) “What can I learn from this?”

You are either growing or dying in this world, your CHOICE. Make a commitment to life long learning and you will be a high-achiever.

(3) “What needs to change to make it happen?”

Fall in love with change...major achievers all love change. How can we improve? This keeps your mind in a creative mode, innovative and very productive.

Think of this world: how did any discovery come about without the search of something better?

4. The servant attitude

A. Create an attitude about who you are that serves you.

For most, this attitude must also encompass how you will serve others because we really are a country full of those who want to contribute.

B. Ask three separate bricklayers what they are doing:

(1) one says “I’m laying bricks you idiot.”

(2) the next says “Can’t you see, I’m laying a wall.”

(3) The third one says “I am building a hospital where sick children can come and get healed.”

Which one do you want to work with?

5. The victim dictum

A. Do not let others determine your attitude...your attitude is YOUR CHOICE!

B. “No one can make you feel inferior without your consent.”

Eleanor Roosevelt

C. Choose positive...do not give control to circumstances, people or things in your life. The character of man is not shown by the events in our lives, but rather how we react to them.

D. One thing that grabs too many people is their past.

(1) Can you change your past? So, then why do you grab onto it? I suggest it can be many belief systems: your need to be

right; the belief that somehow focus will cause it not to happen again; etc.

(2) So you can choose to be right or choose to move forward.

(3) Forgiveness is tantamount to you living a fulfilled life.

(4) Reinvent your past: paint a different picture. No, I did not say your past did not happen, only that as it is now, it is stopping you dead in your tracks. So how can you reinvent it?

“Live each day as if it were your last, with passion and with excellence.
Yesterday is over and tomorrow may never happen. Today is all we have.”