

Hunger: A Top Ingredient for Mastery of Life

Monday, June 2, 2014

- Mission Live Stream Monday at 8 PM EST, 9 PM EST, 10 PM EST, 11 PM EST www.m5mlive.tv. Dial 800-768-2983, Access Code 4712222# or 24/7 www.m5mlive.com
- Building Champions Call – Saturday 10 AM CT - 800-768-2983 – Access code 4717417#
- Last Week of BP 6
- Important Compliance Update on Dr. Reg. McDaniel's Article

Speech by Tony Robbins: Hunger

1. The life of the Millennials
 - a. Tony Robbins surrounds himself with millennials...
 - b. Characteristics:
So much attention always competing for their time
Life is fast, the music loud, the options are endless; it's an era of go-go fun and invincibility.
They have moxie, a sense of humor, excitability, imagination, impulse.
They are some of the scrappiest, most resourceful people he knows.
2. Must find your passion
 - a. Passion is the genesis of genius.
 - b. Passion is the force that awakens you.
 - c. Passion blows the lid off of your imagination, your capability and your drive.
 - d. Passion shakes your mind free from limiting beliefs and breaks your old patterns of thinking.
 - e. Passion is what gives you a sense of purpose.
3. Youthful exuberance can give you a lot of energy but trying to make yourself do something is an energy that never will sustain.
 - a. How is Passion different? No longer do you need to push yourself to do anything. You now have a drive that PULLS you.
 - b. When people ask Tony what is the single most valuable secret to success in life? His answer: one force above all others: HUNGER

4. Passion versus Hunger

a. Passion is like first gear...it will get you going.

Hunger is what will get you where you are going.

b. Passion: it is easy to spark emotion around big dreams...especially when people are young.

But after a while, when things don't always go your way, passion will give way to fears of failure.

HUNGER will destroy the fear of failure.

1) Hunger drives you through the fear...it is more powerful!

2) Hunger will be your resolve.

3) It is the resolve that LOCKS YOU INTO YOUR COMMITMENT.

4) Hunger is irrepressible...when you don't get what you are after, you become disturbed until you get it.

There is No Other Alternative when you are HUNGRY.

"If you really want to take the island, then burn the boats."

5. HUNGER:

a. It keeps you from settling...look at your life right now.

b. When everyone else is feeling down and out, defeated, and taking a breather, HUNGER is what keeps you going.

c. If you are not Hungry, you will get "comfortable." Passion without hunger looks like one step forward three steps back until you give up and start on something else altogether.

d. When there is a "safety net" beneath you, like you have enough money to get by, your "JOB" does provide enough to live on and have a little extra, your parents will leave you quite an inheritance, etc. it will "lock you up and paralyze you with debilitating inertia."

6. First, find out what is your Passion? What are you really here for?

a. Not what you want, rather what do you want to create?

What is your gift? What is the one thing you could give every day and never get tired? What will you share with this world?

b. Two ways to find your passion:

1) Commit yourself to something you are very interested in. Fully immerse...don't just volunteer. Do your homework and model the people who have done it best. Commit every cell in your body to learning and living that life and see what that makes you feel.

2) Describe your "Job from Hell." What would it be the worst possible job, what would it look like, taste like, feel like...describe the work, your bosses, how little you get paid, the horrible people you work with, the environment that drives you crazy, etc.

All the anger and emotion that "worst job" generates, it is from that place that you then turn the page and describe the best work you could do.

- c. Once you determine your passion, you must serve something greater than yourself. The question is never what are you going to get. The only way to greatness is to serve others...what are you going to give.
7. The true distinction that will set you apart is your commitment to mastery.
 - a. Become the best at what you choose to do. Learn from the masters, and master it yourself.
 - b. "We live in a world where there are no limits for those who can create results."

"Get HUNGRY. Design the Life you want to live. With Massive action, flexibility, obsessive discipline, and a sense of purpose to serve something outside of yourself, you will develop the ability to consistently produce results, and you will effectively create your own path to GREATNESS."