

Planning Session 4 for 2021

Monday, December 21, 2020

- Next TNL, January 12th at 7:30 Pm CT www.allaboutmannatech.com
- Free Shipping on one-time orders of \$100 or more through December 31st
- To order Merri-jo's Book (Hard Copy): "The Impossible Place"
<https://www.mannatrain.net/order-materials.html>
- Your "2021 Mannatech Planners". You can pre-order <https://www.mannatrain.net/2021-planner.html> They will be shipped next week... so place your orders today

Our Mantra for 2021: "Turning the Table! My Time is NOW!"

Planning brings Clarity...Did you do the past 3 weeks of Work? Why or why not?

1. Confusion is an Option...

a. 4 Sessions with Merri-jo?

7 Days with Brandon Burchard?

E-merge...Mind Mapping?

JoEllen's Program?

Your own ideas?

b. Choose what works for you! Some issues overlap.

1) Confusion is a Choice! Just not a good one!

2) What is Merri-jo doing?

a) Review of Nov. 29; Plan with Dec. 7 Outline,

b) Working through Brandon Burchard 7 Days to help me "finetune" my Plan (Dec 14 outline)

c) Committed to Achiever's Club every month in 2021

d) ***"I know exactly where I am headed with my Mannatech Business in 2021...how about you?"***

2. Review of Brandon Burchard: Day 1 Get Clarity

a. Whole life Assessment...Health, Mental Emotional, Love, Family, Friends. Mission, Experiences, Spirit, Finances, Learning

b. Primary Aspiration Theory:

Being Goals...want to be proud of who you are

Relating Goals...want to have deep, vibrant relationships with others

Creation Goals...want to create things that you are passionate about

Growth Goals...want to create mastery in my life...goals of excellence and enrichment

Secret Ingredients...ambition and command

c. Vision circles...Passions, Need, Lifestyle and Community

Your greatest sense of purpose comes from the overlap of your vision circles

3. Review of Brandon Burchard: Day 2 Energy

a. 6 Strategies to help you build Energy:

- 1) Be more intentional about the energy you put in the world
- 2) Find your rhythm...where do you get most excited about what you are doing each day
- 3) Things in your life that do not bring you joy
- 4) Start your day with what gives you high energy
- 5) Delete something in your life that depletes your energy
- 6) Self-care...be cognizant of doing all necessary things to take care of you

4. Review of Brandon Burchard: Day 3 Necessity

a. 6 Steps

- 1) Being good with your identity
- 2) Service to Others
- 3) Big Picture Planning with Detailed Discipline
- 4) Go Deep. Allow Obsession
- 5) Know Your Consequences
- 6) Socialize your Goals and your Journey

b. Necessity framework

Back to the question again: What am I committed to do RIGHT NOW? BY CHRISTMAS? BEFORE JANUARY 1, 2021? Most of this will determine your entire 2021! You never get today back...procrastination is for fools, for people with no vision, for complainers not doers, for those who depend on others to "make life work out" for them. Who are you?