

## **“Empowering a Life without Limits”**

### **10 Tips to a Winning Mindset**

- We will be doing a Facebook Bot training starting the week of June 17<sup>th</sup> – Registration coming out this week
- Are you in the Achievers Club?  
<https://mannatech2.s3.amazonaws.com/mtlibrary/107262904840689.pdf>
- Next TNL, June 11<sup>th</sup> at Mannatech Corp offices or [www.allaboutmannatech.com](http://www.allaboutmannatech.com)
- Mannapalouza, June 22<sup>nd</sup> at Mannatech Corp offices or [www.allaboutmannatech.com](http://www.allaboutmannatech.com).  
Be There!!!!
- Check out the new Business Development – Fast Track Program Flyer -  
<https://library.mannatech.com/10987>

#### **Speech by Allan Stalvey**

OPENING PREMISE: *3 Major Reasons why entrepreneurs fail:*

Self-doubt

Fear of failure

Belief systems

#### **10 Tips to a Winning Mindset:**

1. Stop fearing failure...FEAR stops us...
  - a. People who refuse to fail never WIN, Michael Jordan, Edison, etc.
  - b. Failure is just a learning experience, nothing more nothing less
  - c. My story of San Antonio Company
  
2. Embrace and learn from failures
  - a. Only failure is if you fail to learn  
Always, there is something to bring greater enlightenment
  
3. Don't fear discomfort...embrace it.
  - a. Everything you want is outside your comfort zone...
  - b. 9 Dot exercise...Not a comfort zone, rather a known zone...  
FALL IN LOVE WITH BEING UNCOMFORTABLE...that will grow you  
and create the greatest possibilities in your life.
  
4. Value who you are ....
  - a. If you don't, no one else will
  - b. Stop replaying the (subconscious) story...  
We have excuses why we are not where we should be in life...

Well, instead make those reasons WHY you will BECOME something in life!

c. Every event in your life happened for a purpose, so Value it!

5. Overcome self-doubt

- a. If you don't think you are capable, no one else will
- b. You can do anything you put your mind to...

6. Develop a passion for learning

- a. I sit here and probably have more education than 99% of those in Mannatech...not bragging, just a fact...Yet, who reads two books per month minimum, spends \$10-20,000 on education throughout every year  
I will never stop investing in myself...cause I have no idea where I am going but I know one thing, it is not retirement!
- b. Some say "well I can't wait to retire" well, I already look at myself as able to do whatever I want when I want so what is it that defines retirement for you? Network Marketing as an entrepreneur allows you to "retire"...but first things first.

7. Hire a coach – and be coachable

- a. Find experts in your respective niche...so if doing social media, plenty of those.
- b. Attend Conferences by experts
  - 1) Eric Worre in Las Vegas in
  - 2) Tony Robbins for self-development...getting out of your own way
  - 3) Richard Bliss Brooke for Network Marketing

8. Use positive self-talk

- a. Rid your language of anything negative
  - 1) It robs you of joy, creativity, and moving forward
  - 2) It robs everyone around you.
  - 3) You no longer will attract people.
- b. Feed your subconscious only positive talk
  - 1) Your mind controls your life...so don't waste it!

9. Use your creative imagination and vivid visualization

- a. Anything is possible so do not limit your thinking.
- b. Can do attitude instead of can't do just because you cannot "see it"

10. Leverage the last 5 minutes before you go to sleep
  - a. Subconscious is accepting of all you are saying; never sleeps
  - b. Imagine you are successful
  - c. See the accomplishment of a long-term goal

YOU become what you think about!!  
Think Different!

**“No Limits”**