**TruHealth Challenge and Commitment**  
**What Action Are You Taking?**  
Monday Call, January 2, 2016

- Updated Back Office - Jan 3rd at 10 AM CT  
- Add Success Calls to your weekly routine – Thursday at 10 AM CT – Jan 12th Next Call  
- The NEW Mannatech TruHealth Commitment Program – Now over  
- The 2017 TruHealth Challenge – Started Yesterday and you can register at [http://newyou90.com](http://newyou90.com)  
- No Monday Call Next week Jan 9th … next call is Monday Jan 16th at 10 AM CT  
- 2017 Planners are printed and shipping – Order at [www.mannatrain.net/2017-planner.html](http://www.mannatrain.net/2017-planner.html)

1. Commitment: What is it?  
a. Clarity is important  
b. Done January 13  
c. Everyone who has a TruHealth Bundle in their Account by Jan 13 IS IN!  
d. No registration is necessary...only if “Buy now Bill” later which is over  
e. What do you get that others don’t?  
   1) Virtual Trainers/special access  
   2) Dr. Nugent January Trainings  
   3) First options on BCI Scales  
   4) Other specials  
   5) Double final prizes in Challenge  
   6) Special Training Tools

2. TruHealth Challenge  
a. How do I participate?  
b. Is there a deadline?  
c. Minimum amount in your Mannatech account monthly  
**OPPORTUNITY:** set up a Member account and buy your products there  
Still “YOU” and You make 20% off of each monthly purchase ($50+)

d. What is this BCI SCALE?  
e. Get a group to do it with you...more the more fun it is  
f. Limit on when you can start?  
g. What are the Prizes? How are the prizes being paid?

3. Any other questions?

4. Have you finished your YEAR END ANALYSIS? GOALS SET?

   Then let’s go do it...and with this Challenge you all can experience incredible growth over the next few months that could start some real momentum for the entire year!