

## **Step 3: Time to Make 7 Decisions**

### **Monday, December 23, 2013 Call**

Weekly Mission Live Stream Monday at 8 PM EST, 9 PM EST, 10 PM EST, 11 PM EST. <http://www.m5mlive.tv> or 24/7 <http://www.m5mlive.com>

- Mannatech Special - 2 MannaTea and Free M5M Glass Tea Cup - 54.95 (Associate Price)
- NO Monday Call on December 30<sup>th</sup> – Next Call January 6th

#### **Seven Decisions** by Andy Andrews

We started this exercise 3 weeks ago saying Andy did not like to “set goals”...what was he really saying? MAKE 7 DECISIONS, then your small steps daily will be victories toward reaching any "goal" you set...so focus on the bite size pieces.

Decisions:

1. The Responsible Decision
  - a. Victim or Responsible...two distinct viewpoints we can take on virtually anything that happens (our past events, our future events)
  - b. Stay out of blame game, and shame game.
  - c. Not about you being "responsible " for everything that has happened to you; it is all about your acknowledgment of your ability to respond.
  - d. Accept control over your thoughts, your emotions, your future.
  - e. Alternative: to allow others who have less interest to control them???Really...
2. The Guided Decision: I will seek wisdom
  - a. I can change my future by changing my actions TODAY  
How? that is the wisdom you need to pursue.
  - b. Topics to explore: For Mannatech, this is a business requiring development of skills...so develop yours
    - 1) Effective communication skills (speaking and listening skills)
    - 2) Organization skills (hourly, daily, BP's)
    - 3) Confidence /motivated mindset
    - 4) Leadership
  - c. HLA...learn them
  - d. When you counsel with yourself, you will make decisions based on what you already know, and the results you have already created came from that same source of wisdom. Thus, what can we expect?
  - e. Become a humble servant

### 3. The Active Decision

- a. I am a person of action. "Wealth and prosperity hide from the sluggard, but rich rewards come to the person who moves quickly."
- b. Decisiveness is a must. A person who fails to move is one who chooses a life of mediocrity by default.  
"Successful people make their decisions quickly and change their minds slowly. Failures make their decisions slowly and change their minds quickly." Where are you on this spectrum?
- c. Choose. Be Courageous. Reject the concept of FEAR.

### 4. The Certain Decision

- a. Are you tentative...is your heart gauged by the direction of the wind?
- b. The power to make a decision lies within.
- c. What is robbing you or your passion for
  - 1) Ending global malnutrition in children around the world?
  - 2) Supporting everyone you know, and don't know with an approach to health through Mannatech versus the sickness industry?
  - 3) Supporting others to achieve financial independence through this incredible opportunity?ARE these valid?
- d. Have a decided heart. Quit waiting.
- e. Your course has been charted. Your destiny is assured.

### 5. The Joyful Decision

- a. Do you truly understand the concept of happiness? The time is NOW.
- b. Choice...a powerful thing we all have. So choose happiness.
- c. "The world belongs to the enthusiastic for people will follow them everywhere."  
See Mannatech presidentials, and you will find absolute proof of that.
- d. Having a heart of gratitude is the foundation.

### 6. The Compassionate Decision

- a. The clue to dissipating anger and resentment lies with forgiveness. Yet we carry our forgiveness like it is something others have to earn.
- b. Understanding NEXT.
- c. Understanding the venom that we keep in our system all because we need to be right.
- d. First, forgiveness must come of yourself. Every mistake you have ever made has been replayed how many times now?  
You are paralyzing yourself. Your past controls your future...and how ludicrous is that?
- e. Once you learn to forgive yourself, you will become awesome at

forgiving others.

7. The Persistent Decision

a. Never give up!

b. Persist without exception. Don't compare yourself with others...don't quit when exhaustion sets in. Compare yourself to your potential.

c. Do you ask "How much time must I work to succeed before I actually do so?"

Does a child ask that question as they try to learn how to walk?

d. To achieve the results you choose in your Mannatech business, it is not necessary to enjoy the process. It is only critical you keep your eyes on the outcome.

Focus on results.

e. "For me, faith will always be a sounder guide than reason because reason can only go so far--faith has no limits. I will expect miracles in my life because faith produces them every day."

THE CALENDAR: Take these decisions on...they represent the winning formula. And the Calendar is a way to do that.

Choose 1 Decision at a time; read it every day for 21 days straight. If you fail, you start over as if DAY 1 all over again. Proceed through the year to get through all Seven Decisions.

*Join me in the vision of Mannatech reaching one million children per day through M5M. What piece of that are you choosing to be responsible for?*